

Publication List

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
100% Health	Patrick Holford	0-7499-1968-X

Summary

This book provides a whole new way of understanding and achieving optimum health. It reveals the real causes of modern diseases and how to avoid them. You will learn how simple changes to your diet, lifestyle and environment can significantly improve your health.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
1001 Great Ideas	Ellen Notbohm & Veronica Zysk	1-932565-19-1

Summary

This book offers page after page of try it now solutions that have worked for thousands with children grappling with communications, social, sensory, behaviour, self-care issues and more.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
101 Drama Games For Children	Paul Rooyackers	0-89793-211-0

Summary

This book encourages children and adults to explore their dramatic sides and has "play-ful" ideas everyone can get involved with and enjoy.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
101 Movement Games For Children	Huberta Wiertsema	0-89793-346-X

Summary

The games in this book will help children develop a healthy sense of play.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
101 Music Games For Children	Jerry Storms	0-89793-164-5

Summary

Using popular songs, easy rhythms and musical recordings the games in this book help children develop creative, personal and social skills.

Title ***Author*** ***ISBN No***
501 TV-Free Activities For Kids Di Hodges

Summary

Title ***Author*** ***ISBN No***
A Clinician's Guide to Think Paul Stallard 0-470-02508-5
Good-Feel Good

Summary

This is a companion guide to the highly successful workbook Think Good-Feel Good: A cognitive behaviour therapy workbook for children and young people. Designed for clinicians using the original workbook in their work with children, this guide builds upon the practical materials in the workbook by looking at the process of undertaking child-focused CBT.

Title ***Author*** ***ISBN No***
A Drug Free Approach to Judyth Reichenberg Ullman & 09640654-6-0
Asperger Syndrome & Autism Robert Ullman

Summary

Homeopathic care for exceptional kid

Title ***Author*** ***ISBN No***
A Teacher's Window Into The Sally Goddard 0-9615332-5-0
Child's Mind

Summary

Papers from the Institute for Neuro-Physiological Psychology

Title ***Author*** ***ISBN No***
A User Guide To The GF/CF Luke Jackson 1-84310-055-X
Diet

Summary

This book tells you everything you need to know, both good and bad about the diet. Luke offers encouragement and practical advice on what to expect when beginning the diet, how to alleviate any initial discomfort and how to live with the diet.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Activities For Including Children With Behavioural	Hannah Mortimer, Louise Carruthers & Helen Lane	0-439-97163-2

Summary

This book is packed full with all the advice you need to support children with behavioural difficulties in your class.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
ADD & Addiction	Wendy Richardson	1-57683-004-7

Summary

This book illuminates the relationship between ADD and addiction, offering both hope and help for those with ADD who find themselves involved in addictive behaviours.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
ADD & Creativity	Lynn Weiss	0-87833-960-4

Summary

This book explains why expressing creativity can be difficult for the ADD person in a world designed for non ADD people. Lynn explains that all people have innate talents, but many ADD adults keep their talents suppressed because they feel their efforts will be unrecognised or even ridiculed.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
ADD Success Stories	Thom Hartmann	1-887424-03-02

Summary

The first specific guidebook for how to "successful in the world" as a teenager or adult with ADD.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
ADHD In The Young Child Driven To Redirection	Cathy Reimers, PhD & Bruce A. Brunger	1-886941-32-7

Summary

A guide for parents and teachers of young children with ADHD.

Title Adolescence
Author Ann Wheal
ISBN No 1-903855-42-x

Summary
Positive approaches for working with young people

Title All cats have Asperger Syndrome
Author Kathy Hoopmann
ISBN No 1-84310-418-4

Summary
Touching, humorous and insightful, this book evokes the joys and challenges of raising a child who is different. It leaves the reader with a sense of dignity, individuality and potential of people with Asperger Syndrome.

Title Allergies & The Hyperactive Child
Author Doris J. Rapp
ISBN No

Summary

Title Allergy Busters
Author Kathleen A. Chara & Paul J. Chara, Jr.
ISBN No 1-84310-782-1

Summary
A practical guide to help children struggling with allergy problems. It follows the experiences of Karston, who, in addition to Autism-related problems, suffers from food and environmental allergies.

Title Allergy Prevention For Kids
Author Dr. Leo Galland
ISBN No 0-7475-1040-7

Summary
A nutritional guide

Title An A-Z of Children's Health
Author Sally K. Child
ISBN No 1-902831-403

Summary

This book is a guide to health problems for babies, children and adolescents. Aimed at health professionals and parents alike, it covers underlying factors in each condition, symptoms, dietary advice, supplement suggestions, and general tips and information.

Title An Educated Decision
Author Christina Head
ISBN No

Summary

One approach to the vaccination problem using homeopathy

Title An Eye For An Eye Leaves
Everyone Blind
Author Sue Finch
ISBN No 1-870985-44-3

Summary

Teaching young children to settle conflicts without violence - a handbook for early years workers

Title An Indigo Celebration
Author Lee Carroll and Jan Tober
ISBN No 1-56170-859-3

Summary

More messages, stories and insights from the Indigo Children.

Title Arts With The Brain In Mind
Author Eric Jensen
ISBN No 0-87120-514-9

Summary

This book presents the definitive case, based on what we know about the brain and learning, for making arts a core part of the basic curriculum and thoughtfully integrating them into every subject.

Title Asperger Syndrome & Sensory Issues
Author B.Myles, et al
ISBN No 0-9672514-8-6

Summary
Practical solutions for making sense of the world

Title Asthma & Eczema
Author Carol Bennett
ISBN No 0-7225-3145-1

Summary
Over 150 easy and delicious recipes for those allergic to cow's milk.

Title Asthma and Bronchiitis
Author Jan de Vries
ISBN No 1-84018-554-6

Summary
This book is full of sensible advice and simple methods of self-help, highly praised in the medical profession, for relieving the symptoms of Asthma, Bronchitis, and other respiratory problems

Title Attention Deficit Hyperactivity Disorder
Author Professor Basant K. Puri
ISBN No 1-905140-01-0

Summary
A natural way to treat ADHD

Title Attention Deficit/Hyperactivity Disorder
Author Paul Cooper & Katherine M. Bilton
ISBN No 1-85346-731-6

Summary
This is a clear and concise guide to classroom practice for teachers dealing with pupils with ADHD, a condition which is estimated to affect on average 1 in every 25 children.

Title Attention Deficit/Hyperactivity Disorder
Author Henryk Holowenko
ISBN No 1-85302-741-3

Summary

This book provides clear guidelines on good practice in assessment, diagnosis and management of, and provision for, children with ADHD.

Title Attention-Deficit Hyperactivity Disorder
Author Professor Basant K. Puri
ISBN No 0-905140-01-1

Summary

A natural way to treat ADHD.

Title Autism, Brain and Environment
Author Richard Lathe
ISBN No 1-84310-438-5

Summary

This book is a key addition to the literature on autism, and is essential reading for professionals, researchers, political and environmental lobbyists, the scientific community, teachers, psychologists, parents, and people with ASDs.

Title Averting Aggression
Author Owen Booker
ISBN No 1-903855-44-6

Summary

Safe work in services for adolescent and young people

Title Bad Food Britain
Author Joanna Blythman
ISBN No 0-00-721994-6

Summary

This book takes us on a fresh, provocative and often funny journey through Britain's contemporary food landscape to uncover the deeply engrained attitudes and practices that feed the nation's growing food illiteracy.

Title ***Author*** ***ISBN No***
Badger's parting gifts Susan Varley 0-00-664317-5

Summary
This sensitive book can help children come to terms with the death of those they love.

Title ***Author*** ***ISBN No***
Beginner's Cookbook Fiona Watt

Summary

Title ***Author*** ***ISBN No***
Behaviour Problems In the Theodora Papatheodorou 0-415-28698-0
Early Years

Summary
This book addresses the issue of behaviour problems in the early years, offering early years practitioners a practical and well-researched resource, covering various subjects.

Title ***Author*** ***ISBN No***
Behavioural Concerns & ASD John Clements & Ewa Zarkowska 1-85302-742-1

Summary
Explanations and strategies for change

Title ***Author*** ***ISBN No***
Being In Control Jason Mark Alster 9659025114

Summary
This book can help children improve themselves by using their full potential. It describes proven techniques in a visual and active way that also allows the parent or instructor to participate.

Title ***Author*** ***ISBN No***
Beyond Ritalin Stephen Garber, Marianne 0-06-097725-6
Daniels & Robyn Spizman

Summary
Facts about medication and other strategies for helping children, adolescents and adults with Attention Deficit Disorders

Title Big Pharma
Author Jacky Law
ISBN No 1-84529-139-5

Summary

How the world's biggest drug companies control illness.

Title Boost Your Child's Immune System
Author Lucy Burney
ISBN No 0-7499-2442-X

Summary

What you need to know about allergies, vaccinations, antibiotics and diet including over 160 recipes

Title Brain Foods For Kids
Author Nicola Graimes
ISBN No 1-903258-93-6

Summary

Over 100 recipes to boost your child's intelligence.

Title Brain Gym
Author Paul E. Dennison & Gail E. Dennison
ISBN No 0-942143-02-7

Summary

The companion guide to the Brain Gym book, for parents, educators and all others interested in the relationship between movement and whole-brain learning.

Title Breaking The Vicious Cycle
Author Elaine Gottschall
ISBN No 0-9692768-1-8

Summary

Intestinal health through diet.

Title Brother Eagle, Sister Sky
Author Susan Jeffers
ISBN No 0-14-054514-x

Summary

Nearly 150 years ago, Chief Seattle, a respected and peaceful leader of one of the Northwest Indian Nations, delivered a compelling message to the government in Washington who wanted to buy his people's land. He believed that all life on earth, and the earth itself, is sacred, and that man's heedless abuse of nature will lead to his own destruction. Inspired by his words, Susan Jeffers has created a powerful plea for conservation.

Title Bullies Are A Pain In The Brain
Author Trevor Romain
ISBN No 1-57542-023-6

Summary

If you're sick of being picked on, pushed around, threatened, or teased, this book is for you. Trevor understands what a pain bullies are, and he knows how you can become bully proof

Title Calling the Shots
Author Mary Alexander
ISBN No 1-84310-133-5

Summary

Childhood vaccination - one family's journey

Title Can I Tell You About Asperger
Syndrom?
Author Jude Welton
ISBN No 1-84310-206-4

Summary

A guide for friends and family from the perspective of a boy with Asperger's.

Title Can't Eat, Won't Eat
Author Brenda Legge
ISBN No 1-85302-974-2

Summary

This book was written to reassure parents that there are lots of people out there whose children won't eat 99.9% of all food and drink in the known universe. It also suggests practical methods of dealing with this problem

Title Child & Adolescent Mental
Health For Front-Line Pr
Author Nisha Dogra, Andrew Parkin,
Fiona Gale & Clay Frak
ISBN No 1-85302-929-7

Summary

This book provides an accessible introduction to child mental health and raises key issues in the field.

Title Children With Seizures
Author Martin L. Kutscher MD
ISBN No 1-84310-823-2

Summary

This book dispels many of the myths of epilepsy and provides a wonderful review of all aspects of the disorders.

Title Children With Starving Brains ***Author*** Jaquelyn McCandless ***ISBN No*** 1-883647-10-X

Summary
A medical treatment guide for autism spectrum disorder

Title Children With Tourette Syndrome ***Author*** Tracy Haerle ***ISBN No*** 0-933149-44-1

Summary
This book for parents of children and teenagers with Tourette Syndrome offers up to date, concrete information and compassionate advice for dealing with what is perhaps one of the most misunderstood and misdiagnosed neurological disorders

Title Children's Food ***Author*** Tim Lobstein ***ISBN No*** 0-04-440300-3

Summary
The facts about diet essentials, commercial baby foods, additives, food regulations, labelling, fast foods, food technologies, company marketing and government policies.

Title Choosing The Right Fats ***Author*** Udo Erasmus ***ISBN No*** 1-55312-035-3

Summary
This book will introduce you to one of the secrets of life and good health. The Essential Fats found in healing oils of freshly pressed almonds, flaxseed, sunflower and sesame seeds, hazelnuts, pumpkin, pistachio and olives all have life-giving properties.

Title Chronic Fatigue Syndrome ***Author*** Professor Basant K. Puri ***ISBN No*** 1-905140-00-2

Summary
A natural way to treat M.E.

Title Collaborative Brain Injury Intervention ***Author*** Mark Ylvisaker & Timoth Feeney ***ISBN No*** 1-56593-7336-3

Summary
Provides thorough coverage of cognitive, behavioural and communication issues applied through positive everyday routines

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Complete Guide to ADHD	Thom Hartmann	1-887414-52-0

Summary

Learn simple tips and techniques that can change your life. Help for your family at home, school and work.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Conduct Disorder And Behavioural Parent Training	Dermot O'Reilly	1-84310-163-7

Summary

This book provides social care workers and professionals with a comprehensive introduction to teaching and encouraging parents to use behavioural parent training with children with conduct disorder.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Confident Parents, Confident Children	Gillian Pugh, Erica De'Ath & Ceilia Smith	1-874579-37-7

Summary

This book looks at the challenges facing parents at the end of the 20th century, at changes in society and in family patterns, at the skills involved in bringing up children, and at what could be done to make parenting more enjoyable, more satisfying and better supported.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Cooking Without	Barbara Cousins	0-7225-3457-4

Summary

Recipes free from added gluten, sugar, dairy products, yeast, salt and saturated fat

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Cool Cats, Calm Kids	Mary L. Williams	0-915166-94-1

Summary

Relaxation and stress management for young people.

Title ***Author*** ***ISBN No***
Creating Kids Who Can Jean Robb and Hilary Letts 0-340-82043-8

Summary

Practical and proven ways to boost their self-esteem every day.

Title ***Author*** ***ISBN No***
Creating Kids Who Can Jean Robb & Hilary Letts 0-340-68201-9
Concentrate

Summary

This book is about success and transformation. It shows how, with patience and energy, parents and teachers can turn a child who is noisy, clumsy and forgetful into a child who is calm, careful, thoughtful and attentive.

Title ***Author*** ***ISBN No***
Dancing In The Rain Annabel Stehli 0-9644838-0-7

Summary

Stories of exceptional progress by parents of children with special needs.

Title ***Author*** ***ISBN No***
Dealing With Aggression Rosemarie Portmann 0-86388-410-5

Summary

This book contains a selection of 150 games that aim to control and reduce aggression by encouraging the participants to express their anger in a controlled environment so that they may recognise the triggers of anger and aggression and learn how to control them.

Title ***Author*** ***ISBN No***
Defiant Children Russell A. Barkley 1-57230-123-6

Summary

A Clinician's manual for assessment and parent training

Title Developing Parenting Programmes
Author Celia Smith
ISBN No 1-874579-88-1

Summary

This book draws on a survey of 38 group-based parenting programmes operating in the UK. It reports on the range of programmes available and their accessibility; the agencies involved, group leaders and facilitators, and their training and support.

Title Developmental Dyspraxia
Author Madeleine Portwood
ISBN No 1-85346-573-9

Summary

A manual for parents and professionals

Title Diet Intervention And Autism
Author Marilyn Le Breton
ISBN No 1-85302-935-1

Summary

Implementing the gluten free and casein free diet for Autistic Children and adults - a practical guide for parents

Title Diet, Crime and Delinquency
Author Alexander Schauss
ISBN No 0-939764-00-8

Summary

Using case histories, graphs and illustrations, Criminologist Schauss clearly and consisely documents how food allergies can foster violence, how nutrition and vitamin therapy help alcoholism and drug addiction, how lead poisoning can leat to behaviour disorders and how junk foods and environmental pollutants favour the development of crime.

Title Disorganized Children
Author Samuel M. Stein & Uttom chowdhury
ISBN No 1-84310-148-3

Summary

This book explores the multi-disciplinary approaches, which may successfully address many of the diffiuculties faced by disorganised children, avoiding labelling and inappropriate medicalisation of problems, which can be managed psychologically or educationally.

Title Doctor, I can't sleep
Author Dr. Adrian Williams
ISBN No 1-899308-09-1

Summary
Insomnia: what it is, what do do about it.

Title Does your child have a hidden disability?
Author Jill Curtis
ISBN No 0-340-78679-5

Summary
This book guides you through the maze of conflicting advice and offers support to those parents who may need help.

Title Doing Research Ourselves
Author Vicky Nicholls
ISBN No 1-90364X-00-X

Summary
A report of the strategies for living research support project.

Title Don't Just Do Something Sit There
Author Mary K Stone
ISBN No 1-85175-105-X

Summary
This book is intended as a beginner's handbook for those unfamiliar with the approaches presented. It provides sufficient detail to give teachers the confidence to try these methods and begin to develop their own techniques.

Title Don't Pop Your Cork On Mondays!
Author Adolph Moser
ISBN No 0-933849-18-4

Summary
The children's anti-stress book

Title ***Author*** ***ISBN No***
Dramattack! Donald C. Stewart 1-898924-22-8

Summary

An essentially practical manual for using drama in youth work

Title ***Author*** ***ISBN No***
Dreamers, Discoveries & Lucy Jo Palladino 0-345-40573-0
Dynamos

Summary

How to help the child who is bright, bored, and having problems at school

Title ***Author*** ***ISBN No***
Driven To Distraction Edward Hallowell & John 0-684-80128-1
Ratey

Summary

Through vivid stories of the experiences of their patients (both adults and children) Drs. Hallowell and Ratey show the varied forms ADD takes - from the hyperactive search for high stimulation to the floating inattention of daydreaming - and the transforming impact of precise diagnosis and treatment.

Title ***Author*** ***ISBN No***
Drug Induced Phil Harris 1-903855-53-5

Summary

Addiction and treatment in perspective

Title ***Author*** ***ISBN No***
Dump The Junk Mary Whiting 0-9544324-0-1

Summary

The book of over 300 tips that encourage children to eat healthy food.

Title ***Author*** ***ISBN No***
Dyslexia Mark Selikowitz 0-19-262661-2

Summary

This book is about the problems of intelligent children who struggle to learn.

Title ***Author*** ***ISBN No***

Dyslexia: A Teenagers Guide Dr. Sylvia Moody

Summary

Title ***Author*** ***ISBN No***

Dyspraxia Kate Ripley, Bob Daines & Jenny Barrett 1-85346-444-9

Summary

A guide for teachers and parents

Title ***Author*** ***ISBN No***

Earthwise Carol Petrash 0-86315-158-2

Summary

This book offers a year round programme of practical ideas for encouraging young children to be aware of their environment.

Title ***Author*** ***ISBN No***

Easy Gluten-free Cooking Rita Greer 0-00-710319-0

Summary

130 recipes plus nutrition tips and lifestyle advice for a gluten free diet.

Title ***Author*** ***ISBN No***

Emotional Strength & Self-Esteem Rosemarie Portmann 0-86388-394-X

Summary

This book contains 111 games that help to develop emotional strength and self confidence through the exploration and discovery of strengths and weaknesses.

Title Emotionally Intelligent Living
Author Geetu Orme
ISBN No 18998367-0

Summary

This is not a book to read, it is a book to to - an emotional intelligence tool that applies the theory to life. It begins with a practical summary of what emotional intelligence is, explaining it in the clearest term that require not previous knowledge of psychology.

Title Encouraging Behavior For Children On The Autistic
Author Shira Richman
ISBN No 1-84310-825-9

Summary

Written in an accessible question and answer format, this book is a practical guide to help parents and professionals address the most common behavioural issues posed by children on the autism spectrum.

Title Eukee The Jumpy Elephant
Author Clifford L. Corman & Esther Trevino
ISBN No 0-9621629-8-1

Summary

A heartwarming story of a young elephant's struggle with attention deficit disorder. Eukee gets into trouble at home and school because he can't stay still and follow directions. He gets help from his parents and a special doctor and learns ways to succeed.

Title Fast Food Nation
Author Eric Schlosser
ISBN No 0-713-99602-1

Summary

This book tells the story of America and the world's infatuation with fast-food, from its origins in 1950's southern Carlifornia to the global triumph of a handful of burger and fried chicken chains.

Title Feed Your Children Well
Author Simon & Joanne Blackley
ISBN No 0-14-046843-9

Summary

How to encourage your child to enjoy a healthy diet.

Title Fighting Invisible Tigers
Author Earl Hipp
ISBN No 0-915793-80-6

Summary
A stress management guide for teens.

Title Fighting Invisible Tigers
Author Earl Hipp
ISBN No 0-915793-80-6

Summary
A stress management guide for teens

Title Finding Out About Asperger Syndrome
Author Gunilla Gerland
ISBN No 1-85302-840-1

Summary
This book should be read by all young people who receive a diagnosis of Asperger Syndrome, PDD or high functioning Autism. It can also be read by their peers in school, siblings and other children with whom they have contact.

Title First Steps To A Physical Basis Of Concentration
Author Roy Anderson
ISBN No 1-8998363-4-9

Summary
This book identifies the traditionally ignored physical causes of inattention. Children's conduct and learning problems can be due to poor concentration, and this is frequently viewed as a behavioural problem.

Title Fly Like a Butterfly
Author Shakta Kaur Khalsa
ISBN No 0-915801-84-1

Summary
Yoga for children

Title Food Allergy And Intolerance
Author Jonathan Brostoff and Linda Gamlin
ISBN No 0-7475-1260-4

Summary
Explains comprehensively, elegantly and simply how certain foods can cause problems for some people and how identifying and eliminating the culprit(s) can transform their lives.

Title ***Author*** ***ISBN No***
Food is better medicine than drugs Patrick Holford & Jerome Burne 0-7499-2710-0

Summary

This book exposes the truth about prescription drugs and why we swallow what the drug industry tells us. It also explains why the right combination of foods, supplements and simple lifestyle changes offers long-term, drug-free solutions with immediate benefits to your health.

Title ***Author*** ***ISBN No***
Fox In Sox Dr. Seuss 0-00-715847-5

Summary

Join the irrespressible Fox in Sox as he teaches a baffled Mr.Knox some of the quickest, slickest, tongue twisters in town. Comes with Tape.

Title ***Author*** ***ISBN No***
Freaks, Geeks & Asperger Syndrome Luke Jackson 1-84310-098-3

Summary

A user guide to adolescence

Title ***Author*** ***ISBN No***
Genius George T. Lynn & Joanne Barrie Lynn 1-84310-820-8

Summary

An inspiring guide to nurturing the remarkable abilities of "attention different" children diagnosed with conditions such as Autism, Asperger Syndrome, ADHD, Bipolar Disorder or Tourette Syndrome.

Title ***Author*** ***ISBN No***
Giggle Time Susan Aud Sonders 1-84310-716-3

Summary

Giggle Time is a step-by-step program for parents, teachers and other professionals to help develop the non-verbal, verbal and social reciprocity skills of children with Autism

Title Green Eggs & Ham ***Author*** Dr. Seuss ***ISBN No*** 0-00-767253-5

Summary

By combining the funniest stories, craziest creatures and zaniest pictures with his unique blend of rhyme, rhythm and repetition, Dr. Seuss helps children of all ages and abilities learn to read. Comes with Tape

Title Growing Up With Back Flower Remedies ***Author*** Judy Howard ***ISBN No*** 0-85207-273-2

Summary

A guide to the use of remedies during childhood and adolescence.

Title Gut & Psychology Syndrome ***Author*** Dr. Natasha Campbell-McBride ***ISBN No*** 0-9548520-0-1

Summary

Natural treatment of Dyspraxia, Autism, ADD, Dyslexia, ADHD, Depression and Schizophrenia.

Title Gut Reaction ***Author*** Gudrun Jonsson ***ISBN No*** 0-09-181678-5

Summary

A bestselling programme that kick-starts your digestion and detoxes your body system.

Title Hand In Hand ***Author*** Sally Mowbray, Rosey Hill & Katie Ireland ***ISBN No*** 0-9543247-2-2

Summary

Hand in hand is a world of a book both for children and adults. With recipes and stories for people of all ages, all cultures, all lands, along with puzzles, information and humour, and above all the embrace of colour and image.

Title
Handbook Of Attachment
Interventions

Author
Terry M. Levy

ISBN No
0-12-445860-2

Summary

This book provides information on diverse patient populations across different therapeutic philosophies, while providing specific techniques for treating attachment disordered children and their families

Title
Healing ADD

Author
Thom Hartmann

ISBN No
1-887424-37-7

Summary

This book presents simple methods involving visualisation and positive thinking that can be readily picked up by adults and taught to children with ADD.

Title
Healing Minds

Author
Jan Wallcraft

ISBN No
0-901944-58-0

Summary

A report on current research, policy and practice concerning the use of complementary and alternative therapies for a wide range of mental health problems

Title
Healthy Baby Toxic World

Author
Melody Milam Potter & Erin E. Milam

ISBN No
1-57224-139-X

Summary

Practical ways to protect your baby during pregnancy and infancy.

Title
Healthy Healing

Author
Linda Page

ISBN No
1-884334-89-X

Summary

A guide to self healing for everyone.

Title
Help Your Child To Succeed

Author
Bill Lucas and Alistair Smith

ISBN No
1-85539-111-2

Summary

This book is the essential guide for parents of pre school and primary children. It shows that helping your child to have the best chance of success in life is within the grasp of every parent. Packed with activities, games, tips and suggestions.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Helping the Noncompliant Child	Robert J. McMahon & Rex L. Forehand	1-57230-612-2

Summary

Family based treatment for oppositional behaviour

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Hidden dangers in what we eat and drink	Jan de Vries	1-84018-516-3

Summary

This book deals succinctly with the health hazards that we are exposed to in modern life. The growth in behavioural problems like ADHD, hyperactivity, ADD and Autism are reflective of an unbalanced diet and allergies in childhood.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Hidden Food Allergies	Patrick Holford & Dr. James Braly	0-7499-2602-3

Summary

One in two people suffers from a hidden food allergy. Find out if you are one of them.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Holistic Parenting	Lynn Wiese Sneyd	0-658-00306-2

Summary

Holistic Parenting is chock full of information that every parent must know in order to raise healthy, happy kids in today's world.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Homeopathy for Children	Gabrielle Pinto & Murray Feldman	0-7225-3044-7

Summary

A parent's guide to the treatment of common childhood illnesses

Title Homeopathy the Principles & Practice of Treatment
Author Dr. Andrew Lockie & Dr. Nicola Geddes
ISBN No 0-7513-0209-0

Summary
A practical family reference book

Title Hop on Pop
Author Dr. Seuss
ISBN No 0-00-715849-1

Summary
Learning about words that rhyme has never been more fun - simply change the first letter and the whole word changes. Comes with Tape.

Title How to be yourself in a world that's different
Author Yuko Yoshida
ISBN No 1-84310-504-7

Summary
An Asperger Syndrome study guide for adolescents

Title How To Behave so Your Children Will Too!
Author Dr. Sal Severe
ISBN No 0-09-182360-9

Summary
Practical strategies to make discipline simple and your life easier.

Title How to Cope With Your Child's Allergies
Author Dr. Paul Carson
ISBN No 0-85969-530-1

Summary
This book is full of sensible advice and straightforward guidelines for parents. If your child suffers from an allergy-based illness, you will find it essential reading.

Title How To Eat Well Again
Author Fran Crosthwaite
ISBN No 1-872560-12-1

Summary
A survival guide to a wheat, gluten and dairy free diets.

Title ***Author*** ***ISBN No***

How To Handle A Hard To
Handle Child

C. Drew Edwards

Summary

Title ***Author*** ***ISBN No***

How To Identify And Support
Children With Dyslexia

Chris Neanon

1-85503-356-9

Summary

Effective support for dyslexic pupils combines an understanding of their strengths and differences. The challenge for every teacher is to make this part of everyday practice.

Title ***Author*** ***ISBN No***

How To Reach & Teach
Children With ADD/ADHD

Sandra F. Rief

0-7879-7295-9

Summary

Practical techniques, strategies and interventions

Title ***Author*** ***ISBN No***

How To Talk so Kids Will
Listen & Listen So

Adele Faber and Elaine Mazlish 0-380-81196-0

Summary

Here is the bestselling book that will give you the know-how you need to be more effective with your children - and more supportive of yourself.

Title ***Author*** ***ISBN No***

How to Talk so Teens will
Listen & Listen so Teens

Adele Faber & Elaine Mazlish 1-85340-857-3

Summary

In this revolutionary, must-have book for parents, these best selling authors turn their down to earth, respectful approach to parenting to the specific troubles of the teenage years.

Title ***Author*** ***ISBN No***
How To Teach and Manage Fintan O'Regan 1-85503-3488
Children With ADHD

Summary

Teachers, teaching assistants and parents working with children with ADHD will love this book. It includes materials for developing alternative learning strategies to suit ADHD students, classroom organisation advice and playtime supervision tips.

Title ***Author*** ***ISBN No***
How to Understand&Support Lois Addy 1-85503-381-X
Children with Dyspraxia

Summary

Effective support for children with dyspraxia requires an understanding of this complex condition and the problems encountered by children with co-ordination and perceptual difficulties.

Title ***Author*** ***ISBN No***
Hyperactive Child Belinda Barnes and Irene 0-7225-3531-7
Colquhoun

Summary

Attention Deficit Hyperactivity Disorder: A practical self-help guide for parents

Title ***Author*** ***ISBN No***
Hyperactive Child Belinda Barnes and Sally 0-9545933-1-6
Bunday

Summary

Attention Deficit Hyperactivity Disorder: a practical self help guide for parents, teachers and health professionals

Title ***Author*** ***ISBN No***
Hyperactive Child Janet Ash & Dulcie Roberts 0-7225-3292-X

Summary

Over 150 recipies to help hyperactivity and other food intolerances

Title Immunity Foods For Healthy Kids
Author Lucy Burney
ISBN No 1-84483-009-8

Summary

More than 250 natural foods and recipes to keep your child's immune system fighting fit.

Title Imperfectly Natural Woman
Author Janey Lee Grace
ISBN No 978-190442589-5

Summary

You'll find great ideas for healthy eating, natural beauty, green living, feminine care, space clearing, chemical free cleaning, organic clothing, alternative medicine and much much more.

Title Improve Your Child's IQ & Behaviour
Author Dr. Stephen Schoenthaler
ISBN No

Summary

Title Into The Garden Of Dreams
Author Brillian Publications
ISBN No 1-897675-76-3

Summary

This book offers a range of enjoyable activities and games to help raise self-esteem and expression in the classroom.

Title Introducing Children To Their Amazing Brains
Author Eva Hoffman
ISBN No 0-9535387-5-3

Summary

This workbook helps children understand how the brain works and helps them become aware of their brain's uniqueness.

Title ***Author*** ***ISBN No***
Introducing Children To Their Eva Hoffman 0-9535387-3-7
Senses

Summary

This workbook helps children become aware of the role senses play in learning.

Title ***Author*** ***ISBN No***
Irritable Bowel Syndrome Anne Page-Wood & Jill Davies 0-7225-3141-9

Summary

Over 100 recipes for coping with this digestive disorder

Title ***Author*** ***ISBN No***
Is That My Child? Dr. Robin Pauc 0-7535-1064-2

Summary

In the biggest breakthrough in history of learning difficulties, this book explains the cause of Developmental Delay Syndromes, uses simple, east-to-follw tips to show you how to greatly reduce the risk of your child suffering, and gives advice on what can be done to treat those children that do.

Title ***Author*** ***ISBN No***
Is Your Child Allergic? Jan Kuzemko 0-7225-1434-4

Summary

Written specially for parents, a consultant children physician gives common sense, practical information on childhood allergies, their causes and their management.

Title ***Author*** ***ISBN No***
Junk-Free Children's Eating Lorraine Kelly & Carina Norris 978-0-7535-1129-9
Plan

Summary

This book is a way of steering your children away from unhealthy choices and towards more nutritious foods.

Title ***Author*** ***ISBN No***
Kids' Food For Fitness Anita Bean 0-7136-6095-3

Summary

Essential reading for all parents and coaches of active children. Whether they're playing in the park or training for sport, your child's performance, growth and development depends on eating the right foods.

Title Kids In The Syndrome Mix
Author Martin L. Kutscher
ISBN No 1-84310-810-0

Summary

The one stop guide for parents, teachers, and other professionals

Title Knowing Our Own Minds
Author The Mental Health Foundation
ISBN No 0-901944-39-4

Summary

A survey of how people in emotional distress take control of their lives

Title Learning To Learn
Author Carolyn Olivier & Rosemary F. Bowler
ISBN No 0-684-80990-7

Summary

This book discusses, in easy to understand language, the nature of learning how we process information.

Title Learning To Slow Down & Pay Attention
Author Kathleen Nadeau & Ellen B. Dixon
ISBN No 1-55798-456-5

Summary

Written especially for kids, this guidebook about the challenges of ADD is packed with cartoons, activity pages, and checklists.

Title Liberated Parents, Liberated Children
Author Adele Faber & Elaine Mazlish
ISBN No 1-85340-707-0

Summary

An invaluable guide to bringing out the best in relationships between parents and children, from the bestselling authors of Siblings Without Rivalry and How to Talk so Kids Will Listen and Listen so Kids Will Talk.

Title ***Author*** ***ISBN No***
Light Medicine Of The Future Jacob Liberman 1-879181-01-0

Summary

This book challenges the modern myth that the sun is dangerous to our well being and claims that technological advances, such as most fluorescent lighting, sunglasses, tanning lotions, and our indoor lifestyles, may be more harmful than helpful

Title ***Author*** ***ISBN No***
Magic Circles Murray White 1-87394-257-5

Summary

Building self esteem through circle time.

Title ***Author*** ***ISBN No***
Mama's Morning Kate Sternberg 0-9660366-0-3

Summary

This is a playful and positive depiction of an overworked mum. The kind of story you can laugh over with your kids, teaching them the invaluable lesson that in the best of hamster families nobody is perfect and everybody is loved.

Title ***Author*** ***ISBN No***
Managing Children's Disruptive Martin Herbert & Jenny
Behaviour Wookey 0-470-84945-2

Summary

a comprehensive guide designed for professionals and parents who care for children whose behaviour problems are beyond those encountered normally.

Title ***Author*** ***ISBN No***
Marching To A Different Tune Jacky Fletcher 1-85302-810-X

Summary

Diary about an ADHD Boy.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Marching To Different Drummers	Pat Burke Guild & Stephen Garger	0-87120-306-5

Summary

Initially published in 1985, this book was one of the first sources to pull together information on what was newly flourishing topic in education. Now, more than a decade late, this revised and expanded edition takes a fresh look at the subject.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Mind Maps For Kids	Tony Buzan	0-00-715133-0

Summary

Mind mapping is a breakthrough system of planning and note taking that cuts homework time in half and makes schoolwork fun. Tony explains this amazing system using step by step examples in every subject across the curriculum.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Move It	Alistair Smith	1-85539-123-6

Summary

This book contains over 100 activities, all fully illustrated and each with clear instructions. Children and older learners alike will benefit from practising them.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Multicoloured Mayhem	Jacqui Jackson	1-84310-171-8

Summary

Parenting the many shades of adolescents and children with Autism, Asperger Syndrome and ADHD.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
My Brother's A World Class Pain	Michael Gordon	0-9627701-2-4

Summary

A sibling's guide to ADHD/Hyperactivity

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Natural Health For Kids	Dr. John Briffa	0-718-14638-7

Summary

This book provides comprehensive, warm and easy to follow advice for your child's natural health.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Natural Stain Remover	Angela Martin	1-84092-419-5

Summary

This book offers you safe and effective alternatives for cleaning agents, spot removal and general cleaning around the home.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
New Guide To Medicines & Drugs	The British Medical Association	0-7513-2737-9

Summary

Fully revised and updated, this unparalleled home reference guide contains 496 pages of information on all major drugs and medicines in use in modern medical practice.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
New Optimum Nutrition Bible	Patrick Holford	0-7499-2552-3

Summary

This updated and expanded edition is packed with the latest scientific research as well as new chapters on water, toxic materials and detoxification.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Next Steps In Parenting A Child Who Hurts	Caroline Archer	

Summary

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
No More ADHD	Dr. Mary Ann Block	0-9665545-3-1

Summary

10 steps to help improve your child's attention and behaviour without drugs.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
No More IBS!	Maryon Stewart and Dr. Alan Stewart	0-09-181593-2

Summary

This comprehensive, practical and supportive book shows how with simple self-help measures and a proven dietary plan you can beat IBS for good

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Not Now, Bernard	David Mckee	0-99-24050-5

Summary

A brilliant image of parent-child relationships ... that brings matching ear-to-ear grins to every grown-up and child-in-the-lap.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Nurturing Your Child With Music	John M. Ortiz	0-7171-3080-0

Summary

In this creative and original book, psychologist John Ortiz introduces us to the amazing power of music and shows us how it can more effectively nurture children by raising their sound awareness.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Nutrition & Mental Illness	Carl. C. Pfeiffer	0-89281-226-5

Summary

An orthomolecular approach to balancing body chemistry.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Only A Mother Could Love Him	Ben Polis	0-340-83892-2

Summary

How I lived with and triumphed over ADHD.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Optimum Nutrition For The Mind	Patrick Holford	0-7499-2398-9

Summary

This book reveals what good nutrition can do the the mind. Patrick explains how what you eat DOES affect your mind, and can transform how you think and feel.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Optimum Nutrition For Your Child's Mind	Patrick Holford & Deborah Colson	0-7499-2685-6

Summary

This book shows how what you feed your child has an incredible effect on their brain function, behaviour and intelligence.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Outdoods With Young People	Geoff Cooper	1-898924-24-4

Summary

A leader's guide to outdoor activities, the environment and sustainability.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Parachute Games	Sally Olsen & Jeane Parker	0-902680-36-6

Summary

A comprehensive collection of co-operative games played with a parachute.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Parenting a child with Asperger Syndrome	Brenda Boyd	1-84310-137-8

Summary

200 tips and strategies for parenting a child with aspergers syndrom.

Title Partnership Made Painless
Author R.Harrison, G.Mann,
M.Murphy,
ISBN No 1-898924-5-88-0

Summary

Written in partnership and based on extensive and diverse partnership work experience, this exciting new book offers clues and suggestions about how you can develop your work inside partnerships.

Title Peer Rejection
Author Karen L. Bierman
ISBN No 1-57230-923-7

Summary

Developmental processes and intervention strategies

Title Playing Safe: Science and the
Environment
Author Jonathon Porritt
ISBN No 0-500-28073-8

Summary

Part of a series of books that will help us think more clearly and less fearfully about the future that we want for ourselves, for our children and for our children's children.

Title Positive Parenting
Author Elizabeth Hartley-Brewer
ISBN No 0-7493-1501-6

Summary

Raising children with self-esteem

Title Prescription Alternatives
Author Earl L. Mindell & Virginia
Hopkins
ISBN No 0-07-141318-9

Summary

Hundreds of safe, natural, prescription free remedies to restore and maintain your health.

Title
Prozac Free

Author
Judyth Reichenberg-Ullman &
Robert Ullman

ISBN No
1-55643-392-1

Summary
Homeopathic alternatives to conventional drug therapies.

Title
Putting On The Brakes

Author
Patricia O. Quinn and Judith
M. Stern

ISBN No
9-781557-987952

Summary
Young people's guide to understanding ADHD.

Title
Rage Free Kids

Author
Judyth Reichenberg Ullman &
Robert Ullman

ISBN No
0-9640654-4-4

Summary
Homeopathic medicine for defiant, aggressive, and violent children.

Title
Raising A Thinking Child

Author
Myrna B. Shure Ph.D

ISBN No
0-671-53463-7

Summary
Help your young child to resolve everyday conflicts and get along with others.

Title
Raising Boys

Author
Steve Biddulph

ISBN No
0-00-715369-4

Summary
Why boys are different and how to help them become happy and well balanced men.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Raising Cain	Dan Kindlon & Michael Thompson	0-14-027970-9

Summary

A long-needed insight into the psyche of boys. Every parent, teacher or anyone who wants boys to flourish, should read this book

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Real food real fast	Sam Stern	1-4063-0249-X

Summary

This is all about creating brilliant home cooking. There are loads of cracking recipes here, using real ingredients and simple techniques, which you can get on your plate in 5, 10, 15, 20 and 30 minutes.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Real Solutions For Living With ADHD	John H. Timmerman	

Summary

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Relax Kids	Marneta Viegas	1-903816-66-1

Summary

Fairytale meditations for children

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Rescue Remedy	Gregory Vlamis	0-7225-2948-1

Summary

The healing power of bach flower rescue remedy.

Title Responding to Adolescents
Author Angela M. Taylor
ISBN No 1-903855-28-4

Summary

This book focuses on the relationships, issues and problem areas of personal development that are of most concern to adolescents. It provides background information and suggests ways of responding both to crises and to ongoing challenges and difficulties.

Title Rethinking Psychiatric Drugs
Author Grace E. Jackson, MD
ISBN No 1-4208-6742-3

Summary

This book is a critical appraisal of the medications which an estimated 20% of Americans consume on a regular (and sometimes involuntary) basis. It exposes the current crisis in medical ethics and epistemology, and attempts to restore to psychiatry an authentically informed consent to care.

Title Ritalin Free Kids
Author Judyth Reichenberg-Ullman & Robert Ullman
ISBN No 0-7615-2769-9

Summary

Safe and effective homeopathic medicine for ADHD and other behavioural and learning problems

Title Sacred Drumming
Author Steven Ash
ISBN No 1-84181-092-4

Summary

Learn to use the drum in ceremony and to integrate drumming into your daily existence - to drive away fear; anger and sadness. Includes a 60 minute CD.

Title Safe, Natural Remedies For Babies & Children
Author Amanda Cochrane
ISBN No

Summary

Title Sam the Magic Genie
Author Brian Mayne
ISBN No 009188945-6

Summary

An inspirational adventure story which shows you how to think your best thoughts, feel your best feelings and live your best life.

Title Scary Dairy, Wild Wheat and Coping with E's
Author Tessa Lobb
ISBN No 1-904943-28-4

Summary

A practical approach to children's behavioural problems through diet.

Title School Strategies for ADD Teens
Author Kathleen Nadeau, Ellen Dixon & Susan Biggs
ISBN No 1-883030-03-X

Summary

Here's the road map you've been waiting for to help your ADD teenager find a way through the challenges of junior high and high school. With this guide, you'll get a clear sense of what kinds of help can really make a difference.

Title Secret Ingredients
Author Peter Cox and Peggy Brusseau
ISBN No 0-553-50554-8

Summary

Secret Ingredients is the first book ever to take the lid off today's foods, non-prescription drugs, and other common household products.

Title Secret of the Peaceful Warrior
Author Dan Millman
ISBN No 0-915811-23-5

Summary

A story about courage and love.

Title Seeing Through New Eyes
Author Melvin Kaplan
ISBN No 1-84310-800-3

Summary

This book offers an accessible introduction to the treatment of visual dysfunction, a significant but neglected problem associated with Autism Spectrum Disorders (ASDs) and other developmental disabilities.

Title Self Esteem For Boys
Author Elizabeth Hartley-Brewer
ISBN No 0-09-185587-X

Summary

100 tips for raising happy & confident children.

Title Sensory Motor Handbook
Author J. Bissell, J. Fisher, C.Owens & P. Polcyn
ISBN No 076-1643-86-9

Summary

This book provides teachers with hundreds of suggestions to help meet sensory and motor needs in the classroom.

Title Shelley The Hyperactive Turtle
Author Deborah M. Moss
ISBN No 0-933149-31-x

Summary

Seems to be just what parents need to explain ADHD to their pre-school or primary grade youngster. Whether parents read the story to their child, or whether it is enjoyed by the child alone, Shelley has a lot to offer.

Title Shopped
Author Joanna Blythman
ISBN No 0-00-715804-1

Summary

The shocking power of British supermarkets. Don't read it and weep. Read it and change the way you shop.

Title Siblings Without Rivalry
Author Adele Faber & Elaine Mazlish
ISBN No 1-85340-630-9

Summary

This is a comprehensive guide with practical guidelines and examples for how to cope with, and deflect, sibling rivalry.

Title Sleep & Relaxation
Author Dr. Desmond Corrigan
ISBN No 1-899308-07-5

Summary

Medical analysis and history of ancient herbs traditionally used for sleep and relaxation.

Title Sleep Better!
Author V. Mark Durand
ISBN No 1-55766-315-7

Summary
A guide to improving sleep for children with special needs.

Title Sleeping Like A Baby
Author Avi Sadeh
ISBN No 0-300-08824-8

Summary
A sensitive and sensible approach to solving your child's sleep problems

Title Smart But Feeling Dumb
Author Harold Levinson
ISBN No 0-446-69117-8

Summary
New research on Dyslexia and how it may help you

Title Smart Kids With School Problems
Author Priscilla L. Vail
ISBN No 0-452-26242-9

Summary
This book should provide comfort, hope, and practical help to parents of children who, although intelligent, have ongoing difficulties with school.

Title Smart Moves
Author Carla Hannaford
ISBN No 0-915556-37-5

Summary
This groundbreaking bok presents the body's role in thinking and learning in a popular readable style, thoroughly supported by scientific research. Biologist and educator Carla tells us why we must move, and shows us how to move to fully activate our potential as learners.

Title Smart Thinking
Author Frank McGinty
ISBN No 1-85340-745-3

Summary

If you want to do more or be more - more confident, successful, happy, popular, anything! - this is the book for you. It shows you how to retrain and motivate your mind to rise to any challenge.

Title So Young, So Sad, So Listen
Author Philip Graham & Carol Hughes
ISBN No 1-904671-23-3

Summary

This book is intended to help parents and teachers of depressed children as well as social workers, health visitors and family doctors. Perhaps some teenagers will also find it useful

Title Social Work And Child And Adolescent Mental Health
Author Steven Walker
ISBN No 1-903855-22-5

Summary

This book is for all child and family social workers and for other professionals who work alongside them. It will also be invaluable to lecturers, students and PQ candidates.

Title Social Work With Children
Author Eric Blyth & Judith Milner
ISBN No 0-582-29308-1

Summary

This book will be essential reading for students taking courses concerned with children, in such areas as social policy, sociology, social work and psychology.

Title Special Brothers & Sisters
Author Annette Hames & Monica McCaffrey
ISBN No

Summary

Title Spinning Inward
Author Maureen Murdock
ISBN No 0-87773-422-4

Summary

Using guided imagery with children for learning, creativity and relaxation

Title Stephen Harris In Trouble
Author Tim Nichol
ISBN No 1-84310-134-3

Summary
A Dyspraxic drama in several clumsy acts

Title Stepping Out
Author Sarah Newman
ISBN No 1-84310-110-6

Summary
Using games and activities to help your child with special needs

Title Stop The 21st Century Killing
Author Dr. Paula Baillie-Hamilton
ISBN No 00-189467-0

Summary
Toxic chemicals have invaded our lives. Fight back. Eliminate toxins, tackle illness, get healthy and live longer.

Title Strategies For Living
Author The Mental Health Foundation
ISBN No 0-901944-72-6

Summary
A report of user led research into people's strategies for living with mental distress

Title Succeed In Exams, Triumph In
Tests
Author Jean Robb and Hilary Letts
ISBN No 0-340-72811-6

Summary
Tried and tested methods for guaranteed good results

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Super Kids	Sasha Norris and Rupert Davies	1-84525-001-X

Summary
Over 200 incredible ways for kids to save the planet

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Supernanny	Jo Frost	0-340-89516-0

Summary
How to get the best from your children

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Tai Chi For Kids	Stuart Alve Olson	187918165-7

Summary
This book is designed for children and parents to use together or for independent learning by older children.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Tales of the Shimmering Sky	Susan Milford	1-885593-01-5

Summary
Ten global folktaes with activities.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Tales of Wisdom & Wonder	Hugh Lupton	1-84148-191-2

Summary
Various stories of wisdom and wonder.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Talking Is For Teens	Betty Rudd	1-90431-509-7

Summary
Emotional literacy for key stages 3 and 4

Title Teach The Bairns Vegetarian
Cooking

Author Liz Ashworth

ISBN No 1-899827-66-8

Summary
Traditional scottish recipes for beginners

Title Teambuilding

Author Laurie, Miguel & Spencer
Kagan

ISBN No 1-879097-41-9

Summary
Build caring and co-operative teams with exciting teambuilding activities

Title Teenagers with ADD

Author Chris A Siegler Dendy

ISBN No 0-933149-69-7

Summary
A book for parents and professionals about adolescents with ADD. Teenagers with ADD takes a comprehensive look at the special issues and challenges faced by these teens, their families, teachers, and treatment professionals. Based upon the most current diagnostic criteria available and incorporating ADD literature and research.

Title The ADD/ADHD Checklist

Author Sandra Rief, M.A.

ISBN No 0-13-762395-X

Summary
An easy reference for parents and teachers

Title The ADHD Parenting Handbook

Author Colleen Alexander-Roberts

ISBN No 0-87833-862-4

Summary
Practical advice for parents from parents. Proven techniques for raising hyperactive children without losing your temper

Title The Adolescent With DCD

Author Amanda Kirby

ISBN No 1-84310-178-5

Summary
This is an essential resource for adolescents with DCD as well as parents, teachers and health professionals

Title ***Author*** ***ISBN No***
The Affirmation Web Lori Lite 1-886941-25-4

Summary
A believe in yourself adventure

Title ***Author*** ***ISBN No***
The Allergy Handbook Dr. Keith Mumby 0-7225-1657-6

Summary
Dr. Mumby draws on his long experience of treating allergic reactions to foods and enviromental pollutants to offer clear, practical advice on how to recognise allergic reactions and what you can do to combat them - the natural way

Title ***Author*** ***ISBN No***
The Art of Youth Work Kerry Young 1-898924-49-X

Summary
This book asks the question "What is youth work?" and "What do youth workers do?".

Title ***Author*** ***ISBN No***
The Bipolar Child Demitri Papolos & Janice Papolos 0-7679-1285-3

Summary
The definitive and reassuring guide to childhood's most misunderstood disorder

Title ***Author*** ***ISBN No***
The Boxing Clever Cookbook Jacqui Jones & Joan Wilmot 0-9543891-0-7

Summary
This cookbook is designed to help if you join an organic vegetable box scheme, love or grow your own vegetables, have an allotment, or subscribe to a community support agriculture shceme.

Title The Care And Feeding Of Indigo Children
Author Doreen Virtue
ISBN No 1-56170-846-1

Summary

Indigo children and brigh, intuitive, strong-willed, and sometimes self destructive individuals. They are often labeled (and misdiagnosed) as have ADD or ADHD because they won't comply with established rules and patterns,and they may exhibit behavioural problems at home and at school.

Title The Chemical Maze
Author Bill Statham
ISBN No 1-84024-482-8

Summary

Your guide to food additives and cosmetic ingredients

Title The Child's Own Story
Author Richard Rose & Terry Philpot
ISBN No 1-84310-287-0

Summary

The authors explain the concepts of attachment, separation, loss and identity, using these contexts to descrip how to use techniques such as family trees, wallpaper work, and eco-andgeno-scaling.

Title The Child's World
Author Jan Horwath
ISBN No 1-85302-957-2

Summary

Written for professionals involved in the assessment of children in need, this book looks at the policy framework for assessment and the process of assessment as well as how to assess the developm,ental needs of children and their parents' and family's capacity to meet those needs.

Title The Churkendoose Anthology
Author Judith Bluestone
ISBN No 0-9720235-0-X

Summary

True stories of triumph over Neurological Dysfunction

Title The Companion To Family Support
Author Nick Frost, Andy Lloyd & Liz Jeffery
ISBN No 1-903855-16-0

Summary

This book provides help and guidance for all those striving to offer innovative family support services, and a range of material outlining theory, policy and practice; a source of reference and stimulation for anyone studying or researching family support.

Title The Complete Guide To Food Allergy & Intolerance
Author Jonathan Brostoff & Linda
ISBN No 0-7475-1260-4

Summary

Explains comprehensively, elegantly and simply how certain foods can cause problems for some people and how identifying and eliminating the culprit(s) can transform their lives.

Title The Difficult Child
Author Dr. Stanley Turecki
ISBN No 0-7499-1488-2

Summary

How to understand and cope with your temperamental 2-6 year old

Title The Dinner Lady
Author Jeanette Orrey
ISBN No 0-593-05429-6

Summary

Change the way your children eat, for life with over 100 recipes.

Title The Dominance Factor
Author Carla Hannaford
ISBN No 0-915556-31-6

Summary

How knowing your dominant eye, ear, brain, hand and foot can improve your learning.

Title The Eat Right Diet
Author Dr. Peter D'Adamo
ISBN No 0-7126-7784-4

Summary

The individualised diet solution to staying healthy, living longer and achieving your ideal weight.

Title The Einstein Syndrome
Author Thomas Sowell
ISBN No 0-465-08140-1

Summary

In addition to the latest scientific findings about late-talking children, it is packed with deep compassion, uncommon wisdom and unusually helpful no-nonsense practical advice for parents of late-talking children.

Title The Endorphin Effect
Author William Bloom
ISBN No 0-7499-2158-7

Summary

This book presents a major breakthrough in the field of healthcare and personal development. He reveals a revolutionary method that enables you to produce endorphins for vitality and a positive mood whenever you want, even when exhausted or in crisis.

Title The Everyday Genius
Author Peter Kline
ISBN No 0-915556-18-9

Summary

This book explains why and how successful learning occurs. It is a practical guide for producing confident, eager learners - at any age, in any school.

Title The Everyday Wheat-Free & Gluten-Free Cookbook
Author Michelle Berriedale-Johnson
ISBN No 1-898697-90-6

Summary

Over 200 specially created wheat-free and gluten-free recipes. Proprietary gluten-free flours, bread and cake mixes tried, tested and recommended. The very latest medical and dietary findings and nutritional analysis for each recipe.

Title The Explosive Child
Author Ross. W. Greene, PhD
ISBN No 0-06-093102-7

Summary

A new approach to understanding and parenting easily frustrated, chronically inflexible children.

Title ***Author*** ***ISBN No***
The Fabric Of Autism Judith Bluestone 0-9720235-2-6

Summary

This book weaves the various threads of autism into a 'make-sense' theory, hard won through personal experience and decades of study. Including various HANDLE exercises

Title ***Author*** ***ISBN No***
The Family Support Handbook Ann Wheal with Gerry Emson 1-903855-08-x

Summary

This handbook is for anyone working with parents and other family members including grandparents, training people in working with parents or studying in the area of family support/working with parents

Title ***Author*** ***ISBN No***
The Fats We Need To Eat Jeannette Ewin 0-7225-3166-4

Summary

This book explains why essential fatty acids are vital parts of every cell in the human body, and how they work to repair tissues, maintain healthy blood cholesterol levels and fight degenerative illnesses.

Title ***Author*** ***ISBN No***
The Food Doctor Vicki Edgson & Ian Marber 1-85585-682-4

Summary

This book introduced simple foods with amazing healling properties - and shows how they can boost your vitality and well-being, improve your mood and even beat that 'tired all the time' syndrome.

Title ***Author*** ***ISBN No***
The Food Medicine Bible Earl Mindell 0-285-63219-1

Summary

This book is your guide to the foods that will restore you to health and keep you healthy throughout your life.

Title ***Author*** ***ISBN No***
The Food Our Children Eat Joanna Blythman 0-85702-936-4

Summary

How to get children to like good food.

Title
The Foresight Wholefood
Cookbook

Author
Norman & Ruth Jervis

ISBN No
0-948749-42-6

Summary

This book explains the Foresight philosophy and offers a wide range of healthy recipes to put your present - and future - family firmly on the path to optimum health, vitality and fulfilment.

Title
The Gift of ADHD

Author
Lara Honos-Webb, PhD

ISBN No
1-57224-389-9

Summary

This compassionate book will help you learn to think differently about your child's behaviour. It will show you how to transform your vision of your child and your relationship with your child and his or her symptoms.

Title
The Gift Of ADHD

Author
Lara Honos-Webb

ISBN No

Summary

Title
The Good Child Guide

Author
Dr. Noel Swanson

ISBN No
1-85410-704-6

Summary

Informal, witty and admirably clear, this book offers a superbly comprehensible step by step method for understanding the reasons for children' behaviour, reasserting parental control and encouraging them to behave well again.

Title
The Greening of Medicine

Author
Patrick Pietroni

ISBN No
0-575-05043-8

Summary

This book goes far beyond the usual divide between orthodox and complementary medicine and explores some of the root causes that beset modern medicine and impede the emergence of more holistic alternatives.

Title
The Health Conspiracy

Author
Dr. Joe Collier

ISBN No
0-7126-1859-7

Summary

This book is a controversial investigation of the way our current health policy, the NHS and GPs fail us.

Title ***Author*** ***ISBN No***

The Highly Sensitive Child Elaine N. Aron

Summary

Title ***Author*** ***ISBN No***

The Incredible Indoor Games Book Bob Gregson

Summary

Title ***Author*** ***ISBN No***

The Integrated Health Bible Dr. Mosaraf Ali

0-091-85626-4

Summary

Integrated medicine concentrates on your body's own power to promote good health and it is by keeping your body in balance that you remain free from illness and disease.

Title ***Author*** ***ISBN No***

The Journey For Kids Brandon Bays

0+-00-715526-3

Summary

This is an exciting, inspiring how-to-book for parents and anyone who cares about children. It has simple user-friendly techniques you can help children clear both emotional blocks and physical challenges.

Title ***Author*** ***ISBN No***

The Laughing Classroom Diana Loomans & Karen Kolberg

0-915811-99-5

Summary

Everyone's guide to teaching with humour and play

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
The LCP Solution	Dr. Jacqueline Stordy & Malcolm Nichol	0-333-90622-5

Summary

The remarkable nutritional treatment for ADHD, Dyslexia and Dyspraxia.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
The Learning Gym	Erich Ballinger	0-942143-09-4

Summary

Fun to do activities for success at school

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
The Mozart Effect	Don Campbell	0-340-793732

Summary

Tapping the power of music to heal the body, strengthen the mind, and unlock the creative spirit.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
The Mozart Effect for Children	Don Campbell	0-340-82092-6

Summary

This book confirms that music can not only soothe the soul but heal the body too. The author shows how music is the perfect tool to improve children's language, movement and emotional skills at home, school and play!

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
The Myth Of Laziness	Dr. Mel Levine	0-7432-4865-1

Summary

How kids and parents can become more productive.

Title The natural way to beat depression
Author Professor Basant. K. Puri & Hilary Boyd
ISBN No 0-340-82497-2

Summary

Based on cutting edge research, this book uncovers the pioneering discovery of EPA as an effective treatment for depression.

Title The New Youth Arts & Crafts Book
Author Alan Dearling & Howie Armstrong
ISBN No 1-898924-75-9

Summary

This exciting new book reflects 'real-life' arts and crafts type activities which provide creative opportunities for youth work, playschemes, youth social work and informal education.

Title The New Youth Games Book
Author Alan Dearling & Howard Armstrong
ISBN No 1-898924-00-7

Summary

This book has become almost an institution in youth clubs and centres, schools, social work organisations and with many parents. It provides fun and imagination and an amazing range of creative opportunities to use games as a valuable resource for developing relationships with young people.

Title The Nursery Food Book
Author Mary Whiting & Time Lobstein
ISBN No 0-340-71894-3

Summary

Eating habits start young and the second edition of this lively book shows how to promote healthy eating and make good food fun!

Title The Optimum Nutrition Bible
Author Patrick Holford
ISBN No 0-7499-1855-1

Summary

Optimum nutrition is a revolution in health care. It means giving yourself the best possible intake of nutrients to allow your body to be as healthy as it possible can and this books shows you precisely how to achieve this.

Title The Out Of Sync Child
Author Carol Stock Kranowitz
ISBN No 0-399-53386-3

Summary

The first accessible, clearly written guide to sensory integration dysfunction - and a drug free approach that offers new hope for parents

Title The Outrageous Outdoor
Games Book
Author Bob Gregson
ISBN No 0-82245-099-2

Summary

From the shyest to the most rambunctious, all kids will respond to these exhilarating games and activities.

Title The Pampered Child Syndrome
Author Maggie Mamen
ISBN No 1-84310-407-5

Summary

How to recognise it, how to manage it and how to avoid it.

Title The Politics of Food
Author Geoffrey Cannon
ISBN No 0-7126-1717-5

Summary

This book gives the full inside story of what is happening to the British Diet and how it affects the nations health.

Title The Practical Guide To
Candida
Author Jane McWhirter
ISBN No 0-952-6286-0-0

Summary

All the information and advice sufferers need to diagnose and treat Candida, which can be described as a "silent epidemic of the nineties" and which is as yet, not generally recognised by GPs.

Title The Prescribed Drug Guide
Author Dr. Stephen Gascoigne
ISBN No 0-9522189-4-1

Summary

Over 20 chapters with introductory ones describing holistic views of prescribed drugs and how to manage patients who take prescribed drugs.

Title ***Author*** ***ISBN No***
The Procrastinating child Rita Emmett 1-904132-21-9

Summary

Emmett provides strategies for breaking through a child's defence mechanisms or reluctance to talk and for establishing rules and guidelines that encourage young children and teenagers alike to face obligations in a timely way.

Title ***Author*** ***ISBN No***
The Scientification Of Love Michel Odent 1-85343-476-0

Summary

The author argues that the specialist approach has overlooked the importance of love as a potential new strategy for human survival, and that the old survival strategy, the domination of nature and other human groups, is no longer appropriate.

Title ***Author*** ***ISBN No***
The Secret Life of the Dyslexic Robert Frank Ph.d with
Child Kathrynne E Livingston 1-4050-1675-7

Summary

Help parents to understand their child's internal struggles, experience the way the secret world of dyslexia works, help the family understand the diagnosis of dyslexia in a practical and positive way and introduces a skill-building programme than can lead to life-long success.

Title ***Author*** ***ISBN No***
The Secret of Happy Children Steve Biddulph 0-7225-3669-0

Summary

Helps you with parent-child communication from babyhood to teens. It has received widespread praise as a book which gives you heart to be more yourself as a parent - stronger, more loving, more definite, more relaxed.

Title ***Author*** ***ISBN No***
The Shopper's Guide To Lynda Brown 1-85702-840-6
Organic Food

Summary

This book explains what organic food to buy - and where to buy it. Broken down into sections for easy reference, it tells you all you need to know about organic food and farming.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
The Social Toddler	Helen & Clive Dorman	1-903275-38-5

Summary

Understanding toddlers, and why they do the things they do

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
The Toxic Consumer	Karen Ashton & Elizabeth Salter Green	1904601421

Summary

This is an accessible guide to the most common toxic chemicals, the products they are in and ways to reduce your exposure to them. This entertaining book lifts the lid on the potential hazards of modern living and shows you how to clean up your act.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
The Ultimate Spiders Sticker Book		0-7513-3591-6

Summary

Learn about spiders with this informative and fun sticker book.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
The unborn child	Roy Ridgway	1-85575-420-7

Summary

This book describes prenatal and perinatal development, considering the legacy of health from both parents and grandparents.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
The Well Balanced Child	Sally Goddard Blythe	1-903458-42-0

Summary

This book is a passionate manifesto for a 'whole body' approach to learning which integrates the brain, senses, movement and play. This practical, inspiring book will enable parents and educators to help children attain their full potential.

Title The WI Book Of Wholefood
Cookery

Author Margaret Hanford

ISBN No 0-85223-472-4

Summary

This book is a collection of recipes specially created to retain the nutrients of natural foods and to enhance their flavours.

Title They Are What You Feed
Them

Author Dr. Alex Richardson

ISBN No 0-00-718225-2

Summary

This book shows how nutrition impacts on children's behaviour and learning, exposes the truth about what children eat - or fail to eat. It explains why common culprit foods can be so damaging - and so irresistible - and show how to bring the best choices into your child's diet.

Title Think Good - Feel Good

Author Paul Stallard

ISBN No 0-470-84290-3

Summary

Provides the clinician with a range of flexible and highly appealing materials that can be used to structure and facilitate clinical sessions. This is a "must have" resource for clinical psychologists, child and adolescent psychiatrists, community psychiatric nurses, educational psychologists and occupational therapists. Social Workers, School Nurses, Practice Counsellors and Health Visitors would also find this resource to be of great value

Title Thinking Goes To School

Author Hans G. Furth & Harry Wachs

ISBN No 0-19-501927-X

Summary

Piaget's theory in practice

Title TIPS

Author Ginie Herbert & Rosemary
Napper

ISBN No 1-898924-81-3

Summary

Tried and tested ideas for parent education and support

Title Tobin Learns To Make Friends
Author Diane Murrell
ISBN No 1-885477-79-1

Summary

Children's book

Title Total Nutrition
Author Dr. Carl C. Pfeiffer and Jane Banks
ISBN No 0-583-13526-9

Summary

This books tells you all you need to know about vitamins and trace elements and includes scores of tasty, nutritious recipes provided by Jane Banks.

Title Toxic Childhood
Author Sue Palmer
ISBN No 0-75287-359-8

Summary

How the mordern world is damaging our children and what we can do about it.

Title Toxic Psychiatry
Author Peter Breggin
ISBN No 0-00-637803-X

Summary

In this book, Peter draws on his scientific research to expose in detail, and with carefully documented evidence, exactly what the potentially damaging effects are that the patients of psychiatry are not being informed about.

Title Trauma, Attachment And Family Permanence
Author Caroline Archer and Alan Burnell
ISBN No 1-84310-021-5

Summary

Fostered and adopted children can present major challenges resulting from unresolved attachment issues and early traumatic experiences. In this book the contributors provide a variety of complementary perspectives on the needs of these children and their families.

Title Understanding 12-14 year olds
Author Margot Waddell
ISBN No 1-84310-367-2

Summary

The book provide practical and sensitive support for parents tohelp them relate to and communicate with their child at a difficult time of transition.

Title Understanding ADHD
Author Dr. Christopher Green & Dr. Kit Chee
ISBN No 0-09-181700-5

Summary
A parent's guide to ADHD in children.

Title Understanding Girls With ADHD
Author K.G. Nadeau, E.B. Littman & P.O.Quinn
ISBN No 0-9660366-5-4

Summary
This book is for parents, teachers and other professionals who want to learn how to recognise and help girls with ADHD. Checklists for preschool, elementary, middle and high school levels are provided to help identify girls with ADHD.

Title Understanding Sensory Dysfunction
Author Polly Godwin Emmons & Liz McKendry Anderson
ISBN No 1-84310-806-2

Summary
This book provides a wide range of practical and empowering strategies to assist children with sensory dysfunction in learning.

Title Understanding Street Drugs
Author David Emmett & Graeme Nice
ISBN No 1-84310-351-6

Summary
A handbook of substance misuse for parents, teachers and other professionals

Title Unlocking The Mysteries Of Sensory Dysfunction
Author Elizabeth Anderson & Pauline Emmons
ISBN No 1-885477-25-2

Summary
A resource for anyone who works with, or lives with, a child with sensory issues

Title Victory Over ADHD
Author Deborah Merline & Larry Cook
ISBN No 0-9755361-7-6

Summary
How a mother's journey to natural medicine reversed her children's severe emotional, mental, and behavioural problems.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Visual Perception Problems	Lisa A. Kurtz	1-84310-526-7

Summary

This book provides a comprehensive overview of vision problems in children with autism spectrum disorders and specific learning disabilities and outlines a range of activities for strengthening children's functional vision and perceptual skills using simple materials.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Was It Something You Ate?	John Emsley and Peter Fell	0-19-850966-9

Summary

Food intolerance: what causes it and how to avoid it

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
We want real food	Graham Harvey	1-84529-267-7

Summary

Why our food is deficient in minerals and nutrients and what we can do about it.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
What Do You Really Want For Your Children?	Wayne W. Dyer	0-380-73047-2

Summary

This book reveals how to help your kids take charge of their own happiness with many useful strategies parents can use to help your child.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
What is Asperger Syndrome?	The National Autistic Society	1-899280-04-9

Summary

A guide for young people

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
What Kids Need To Succeed	Peter L. Benson, Judy Galbraith & Pamela Espeland	1-57542-030-9

Summary

Proven, practical ways to raise good kids.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
What Really Works	Susan Clark	0-7225-4026-4

Summary

Packed with cutting edge advice and proven tips to help you lead a more holistic and nourishing life, it takes the legwork out of figuring out how best to enjoy optimum health and wellbeing for the rest of your life.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
What's in this stuff?	Pat Thomas	1-4050-9549-0

Summary

This book reveals that many of the products we use every day contain a cocktail of cheap, poorly tested chemicals that are implicated in long-term health problems.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
When Listening Comes Alive	Paul Madaule	0-9697079-1-6

Summary

This book re-awakens a skill that each of us has - a skill that can improve communication, creativity and learning ability, allowing a fuller and more energetic life.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
When You Worry About the Child You Love	Edward Hallowell	9-780684-83285

Summary

A reassuring guide to solving your child's emotional and learning problems.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Why Do You Do That?	Uttom Chowdhury and Mary Robertson	1-84310-395-8

Summary

A book about Tourette Syndrome for children and young people.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Why Does Chris Do That?	Tony Attwood	1-899280-10-3

Summary

This book offers a better understanding of the unique difficulties associated with autism and an explanation of how these cause unusual behaviour, as well as helpful advice on the management of unusual behaviour of children and adults with autism and Asperger syndrome

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Women With ADD	Sari Solden	1-887424-05-9

Summary

This book combines real life histories and treatment experiences with the latest clinical research to create a new screening checklist specifically for women

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Working Together For Healthy Young Mids	Steven Walker	1-903855-26-8

Summary

This workbook is for staff, trainers, educators, managers and planners in child protection, fostering and adoption, family support, youth work, counselling, education, youth justice, probation, primary care, paediatric nursing and of course child and adolescent mental health services.

<i>Title</i>	<i>Author</i>	<i>ISBN No</i>
Yoga for Children with Autism Spectrum Disorder	Dion E. Betts & Stacey W. Betts	1-84310-817-8

Summary

A step by step guide for parents and care givers.

Title Yoga for the Speical Child
Author Sonia Sumar
ISBN No 978-0-9658024-0-6

Summary

A therapeutic approach for infantss and children with Downs Syndrome, Cerebral Palsy, Learning Disabilities, etc.

Title Yoga Kids
Author Marsha Wenig
ISBN No 1-58479-292-2

Summary

Educating the whole child through yoga. Over 50 poses with activities for integrated learning.

Title You Mean I'm Not Lazy,
Stupid or Crazy?!
Author Kate Kelly & Peggy Ramundo
ISBN No

Summary

Title Young Children's Rights
Author Priscilla Alderson
ISBN No 1-85302-848-7

Summary

This book examines the issue of young children's rights, starting with the question of how the 1989 UN Convention on the Right of the Child applies to the youngest children, from birth to 8 years of age.

Title Your Body's Many Cried For
Water
Author Dr. F. Batmanghelidj
ISBN No 0-9530921-6-X

Summary

A revolutionary natural way to prevent illness and restore good health.

Title
Your Healthy Child With
Homeopathy

Author
Tricia Allen

ISBN No
1-84358-054-3

Summary
A practical guide for parents.

Title
You're Smarter Than You Think

Author
Thomas Armstrong

ISBN No
1-57542-113-5

Summary
A kid's guide to multiple intelligences

Title
Youth Action and the
Environment

Author
Alan Dearling with Howie
Armstrong

ISBN No
1-898924-07-4

Summary
This exciting new book is designed to bring environmental issues alive for anyone who works with young people; and much of the material can be used by young people themselves